

MOSC Return To Play Next Steps

6-22-2020



MOSC Turkey Brook Operations

General Social Distancing Rules and Protocol

- General Social Distancing Rules will be enforced by the Club
- No sick players, temperatures to be taken by parent and parent to review Health Questionnaire before practice. See Exhibit E
- Safety
 - Signs at gates encouraging social distancing
 - Attendance of Virtual Team Meeting to review social distance and safety procedures is required before the first time on field to ensure all rules are clear and understood.
 - Designated Player Equipment spots that are 6 feet apart from other spots.
 - Hand sanitizer required for each player and coach.
 - All players and coaches will have a mask to be used when entering and exiting the field.
 - Coaches are required to wear masks at all times.
 - Coach is required to sanitize his/her equipment each day
 - No snacks allowed
 - No pinnies allowed
 - Player is required to sanitize his/her equipment before and after each session
- Schedules
 - Schedules are created in a way to maximize social distancing including rotating start and end times and gaps between teams to limit contact between teams and players. See Exhibit B
 - 1 Trainer per field, no volunteers present (includes no volunteer coaches). Players are set to predetermined spaces where their equipment will be as well maintaining social distance at all times between players and coaches. See Exhibit A
- One page rules handed out to all players See Exhibit C
- Waivers completed by all players See Exhibit D

Initial Return to Play on 6/22/2020:

- No Contact.
 - NO contact of any kind, whether that be player to player, player to coach or parent to coach. This means no assisting coaches with equipment, no assisting players with things like shoe laces etc. Only exception to the rule will be a medical emergency that cannot wait for health officials or a guardian to arrive.
- There will be no sharing of equipment.
 - No sharing of soccer balls, water
- Groups not to exceed 25 per full field.
 - There will be a maximum attendance on a soccer field of 25 which includes coaches and trainers. (see Exhibit A)
- All participants will remain 6 feet apart at all times, this includes coaching staff. (See Exhibit A)
- Spectators (masks required) in accordance with health department recommendations.
- General Social Distancing Rules and Protocol will be observed.

Competitive Play 7/6/2020:

- Small groups interactive training
 - Will allow for up to 9v9 play in small group settings
- Physical contact limited
 - Drills and play to be focused on passing and team skills not emphasis on defensive or offensive player tackling
- Sharing of Soccer Ball and Cones
- Introduction of scrimmages and games
- Limitations on fields of 50 people driven by NJYS
- General Social Distancing Rules and Protocol will be observed.
- Limited Spectators (masks required) in accordance with health department recommendations.

Exhibit A:

Social Distancing Field Layouts

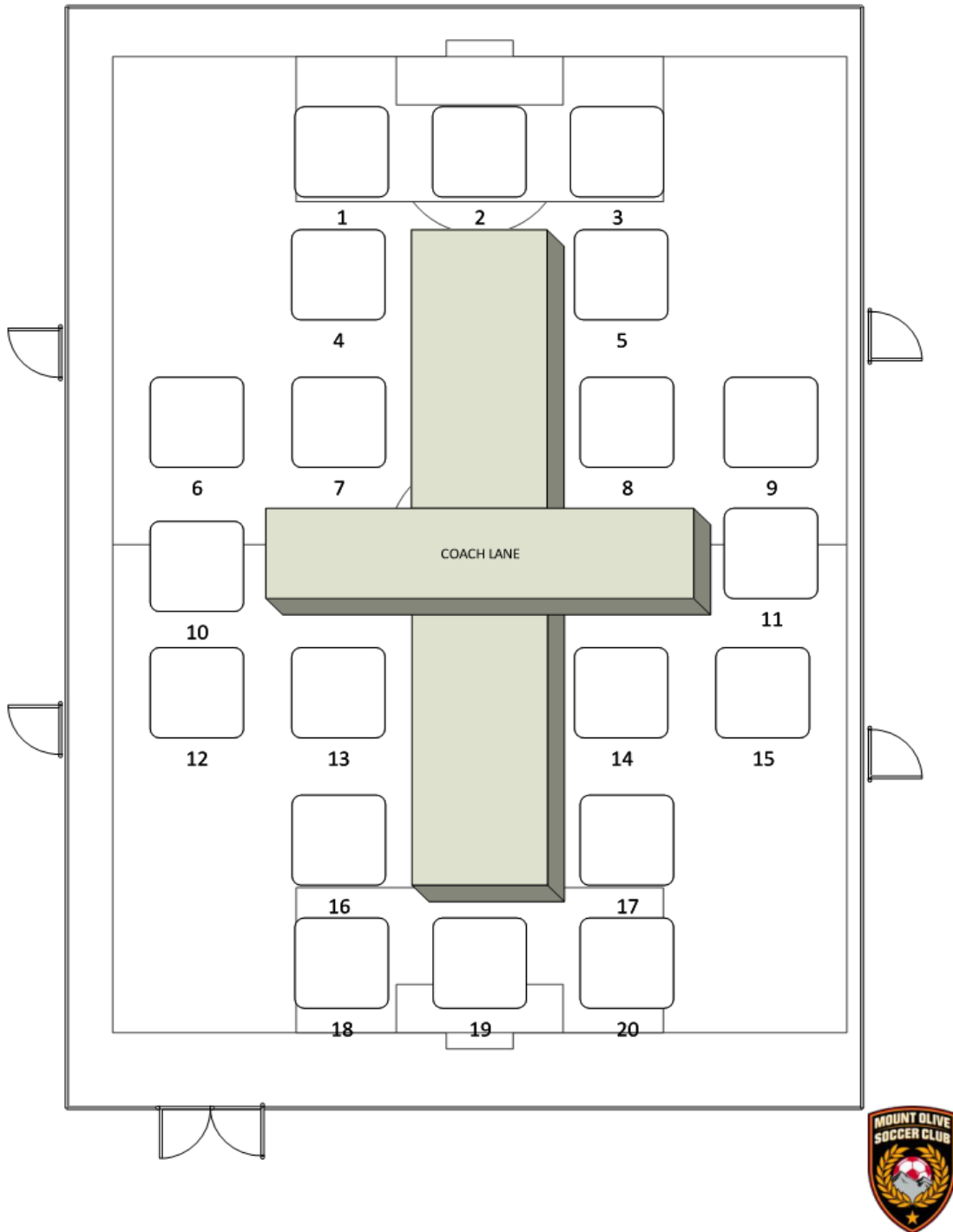


Exhibit B:

30 Practice Schedule																												
101-A	Stacey									Supper 6/7		Supper																
101-B																												
102-A	Phil : Cassie								2005 WFL			2004 EDP																
102-B																												
103-A	Brett											2002 EDP																
103-B																												
104-A	Zico																											
104-B																												
105-A	Jake																											
105-B																												
106-A	Eric																											
106-B																												
Wednesday	Trainer	4:30	4:35	4:40	4:45	4:50	4:55	5:00	5:05	5:10	5:15	5:20	5:25	5:30	5:35	5:40	5:45	5:50	5:55	6:00	6:05	6:10	6:15	6:20	6:25	6:30		
101-A	Brett																											
101-B																												
102-A	Jake																											
102-B																												
103-A	Zico : Molly																											
103-B																												
104-A	Phil																											
104-B																												
105-A	Stacey																											
105-B																												
106-A	Eric																											
106-B																												
Thursday	Trainer	4:30	4:35	4:40	4:45	4:50	4:55	5:00	5:05	5:10	5:15	5:20	5:25	5:30	5:35	5:40	5:45	5:50	5:55	6:00	6:05	6:10	6:15	6:20	6:25	6:30		
101-A	Jake																											
101-B																												
102-A	Brett																											
102-B																												
103-A	Phil																											
103-B																												
104-A	Zico																											
104-B																												
105-A	Eric																											
105-B																												
106-A	Stacey																											
106-B																												
Friday	Trainer	4:30	4:35	4:40	4:45	4:50	4:55	5:00	5:05	5:10	5:15	5:20	5:25	5:30	5:35	5:40	5:45	5:50	5:55	6:00	6:05	6:10	6:15	6:20	6:25	6:30		
101-A																												

Exhibit C:

RETURN TO PLAY GUIDELINES

- SOCIAL DISTANCING OF 6FT
- NO PHYSICAL CONTACT
- NO SHARING OF EQUIPMENT
- STAGGERED PRACTICES
- ONE TEAM / TRAINER PER FIELD



IF YOU ARE NOT COMFORTABLE WITH RETURNING TO PLAY, DON'T

CLUB RESPONSIBILITIES

- Distribute and post return to play protocol to all members
- Be understanding to parents/players that may delay returning to play
- Provide adequate field space for physical distancing
- Have an effective communication plan

COACH RESPONSIBILITIES

- Follow all return to play protocols
- Send home players if not feeling well
- Provide adequate physical distancing at all times
- Ensure all players are not sharing any equipment
- Wear face masks at all times
- Only coach handles field equipment
- Be understanding to parents/players that may delay returning to play

PARENT RESPONSIBILITIES

- Check Child's temperature before any team related event
- Ensure your child has sanitizing products and plenty of water
- Stay in car, or, wear a mask and follow social distancing if spectating
- Ensure Washing of clothes and equipment after practice

PLAYER RESPONSIBILITIES

- Bring and use hand sanitizer
- Be open and transparent with coach with feelings and wellness
- Place bags and equipment away from all others
- DO not touch or share anyone's equipment, inclusive of water and bags
- No group celebrations, high 5's, hugs, handshakes, fist-bumps etc
- Respect Social Distancing
- Wear face coverings too, from and when not engaged in activity
- Wash hands thoroughly before and after events

More at www.moutolivesoccer.com

Exhibit D:



The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. The Mount Olive Soccer Club (“MOSC”) has put in place preventative measures to reduce the spread of COVID-19; however, the MOSC cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending MOSC events could increase your risk and your child(ren)’s risk of contracting COVID-19. By accepting this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending MOSC events and that such exposure or infection may result in personal injury, illness, permanent disability, and death.

I understand that the risk of becoming exposed to or infected by COVID-19 at an MOSC event may result from the actions, omissions, or negligence of myself and others, including, but not limited to, MOSC employees, volunteers, and program participants and their families. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)’s attendance at the Club or participation in Club programming (“Claims”). On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless MOSC, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto.

I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the Club, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any Club program.

I/we have read this assumption of the risk and waiver of liability relating to coronavirus/covid-19, fully understand its terms, understand that I/we have given up substantial rights by agreeing to it and agree to it freely and voluntarily without any inducement.

Player Name:

Guardian Signature:

Date Signed:

Exhibit E

Health Questionnaire



- 1) Have you tested positive for COVID-19? Y / N.
 - a. If Yes are you cleared by a doctor in writing to participate in sports? Y / N
 - i. *If No to Q1 and OR If Y to Q1 and Y to 1a you can play.*
- 2) Are you currently observing a 14 day Self-Quarantine Y / N
 - i. *If Yes you can not play until your 15th day*
- 3) Do you currently have any new symptoms of respiratory illness (eg cough, shortness of breath, sore throat or body aches) ? Y / N
 - i. *If Yes you cannot play.*
- 5) Do you currently have a fever over 100.4 degrees? Y/N
 - i. *If Yes you cannot play.*